

Lived Experience Advisory Panel

Country and Outback Health is looking for members to join our Lived Experience Advisory Panel (LEAP).

This panel represents people who receive services outlined below. LEAP will work in collaboration with the Board of Directors and the management of Country and Outback Health. The aim of LEAP is to provide a way for people with a lived experience to influence decision making to deliver the best possible services for the people who benefit from them.

A person with a lived experience has gained the knowledge and understanding of a health issue or used the system to get assistance and or support. You get this knowledge when you have lived through something. This includes experience of living with a mental health illness, living with a disability, caring for a family member or friend with either of these, or having experience with general health services that we also provide (e.g. podiatry, dietetics, and respiratory conditions).

Lived experience also includes people who have lived experiences in areas other than health. It covers the lived experience of people who identify as LGBTI+, as Aboriginal or Torres Strait Islander, who come from culturally and linguistically diverse backgrounds, can speak for young clients as a young person themselves, or older clients and people who can represent those who live in remote locations or smaller communities.

Some of the key attributes we are looking for in our members are:

- Passion for people getting good services
- Ability to speak for people in the areas you have lived experience
- Being able to work in a team with the rest of the LEAP and apply a strategic lens to your contribution
- Willingness to do some work between sessions to read materials and to communicate as required (your time is paid)

We value the contribution of LEAP members by providing payment for attending sessions and for prep work. An honorary payment of \$30 per hour is reimbursed as a goodwill gesture. LEAP sessions run for up to two hours and will be held using videoconferencing software and or telephone due to the distances between our different locations across Country SA.

If you feel you would be a good representative, we're keen to hear from you.

Please email us at QMS@cobh.org.au, or post your expression of interest to Country & Outback Health, 12 Chapel Street, Port Augusta SA 5700, and include:

1. Your name
2. Your areas of interest
3. Your contact details
4. Why you would be a good representative

We will get in touch with you and arrange a time for an informal interview.

If you have any questions or would like more information, then don't hesitate to contact us.

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Country &
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